

Newly Added Non-Fiction June 2024

National Indigenous History Month



Aging

Erickson, Julie. **The Aging Well Workbook for Anxiety & Depression: CBT Skills to Help You Think Flexibly & Make the Most of Life at any Age.** *Available*

Hecht, M. E. and Goldberg, Whoopi. **Two Old Broads: Stuff You Need to Know That You Didn't Know You Needed to Know.** *Available*

Williams, Billy Dee. **What Have we Here?: Portraits of a Life.** *Coming Soon!*

Autobiographies, Biographies and Memoirs

Carr, Caleb. **My Beloved Monster: Masha, the Half-Wild Rescue Cat who Rescued me.** *Coming Soon!*

Jennings, Jazz. **Being Jazz: My Life as a (Transgender) Teen.** *Coming Soon!*

Lawson, Shayla. **How to Live Free in a Dangerous World: a Decolonial Memoir.** *Coming Soon!*

O'Reilly Runte, Roseann. **Canadians Who Innovate: the Trailblazers and Ideas that are Changing the World.** *Coming Soon!*

Nguon, Chantha. **Slow Noodles: a Cambodian Memoir of Love, Loss, and Family Recipes.** *Coming Soon!*
Ponomarenko, Illia. **I Will Show You How it Was.** *Coming Soon!*
Roem, Danica. **Burn the Page: a True Story of Torching Doubts, Blazing Trails, and Igniting Change.** *Coming Soon!*
Rushdie, Salman. **Knife: Meditations After an Attempted Murder.** *Coming Soon!*
Russell, Cameron. **How to Make Herself Agreeable to Everyone: a Memoir.** *Coming Soon!*
Salisbury, Katie Gee. **Not Your China Doll: The Wild and Shimmering Life of Anna May Wong.** *Coming Soon!*

Careers

Salem Press. **Careers in Engineering.** *Available*

Environment

Renneboog, Richard M. **Encyclopedia of Climate Change. Volume 1 A-E.** *Coming Soon!*
Renneboog, Richard M. **Encyclopedia of Climate Change. Volume 2 F-P.** *Coming Soon!*
Renneboog, Richard M. **Encyclopedia of Climate Change. Volume 3 R-Z.** *Coming Soon!*

Food and Drink

Bertinelli, Valerie. **Indulge: Delicious and Decadent Dishes to Enjoy and Share.** *Coming Soon!*
Scherer, Josh. **The Mythical Cookbook: 10 Simple Rules for Cooking Deliciously, Eating Happily, and Living Mythically.** *Coming Soon!*
Stafford, Alexandra. **Pizza Night: Deliciously Doable Recipes for Pizza and Salad.** *Coming Soon!*

Health and Wellness

Price, Devon. **Unmasking Autism: Discovering the New Faces of Neurodiversity.** *Coming Soon!*

History

O'Neal, Michael. **The Fifty States: Volume 1.** *Coming Soon!*
O'Neal, Michael. **The Fifty States: Volume 2.** *Coming Soon!*
O'Neal, Michael J. **Women's History: Volume 1.** *Coming Soon!*
O'Neal, Michael J. **Women's History: Volume 2.** *Coming Soon!*
Sides, Hampton. **The Wide Wide Sea: Imperial Ambition, First Contact and the Fateful Final Voyage of Captain James Cook.** *Coming Soon!*
Zakaria, Fareed. **Age of Revolutions: Progress and Backlash From 1600 to the Present.** *Coming Soon!*

Indigenous

Paul, Daniel N. **We Were Not the Savages: Collision Between European and Native American Civilizations.** *Available*

LGBTQ2S+

Gigi Gorgeous & Gottmik. **The T Guide.** *Coming Soon!*

Vaid-Menon, Alok. **Beyond the Gender Binary.** *Coming Soon!*

Mental Health

Du Bois, Steph. **I'm Not Okay and That's Okay: Mental Health Microskills to Deal With Life's Inevitable Struggles.** *Available*

Grégoire Trudeau, Sophie. **Closer Together: Knowing Ourselves, Loving Each Other.** *Coming Soon!*

Owen, Sarah. **Bipolar Disorder: the Ultimate Guide.** *Available*

Shrier, Abigail. **Bad Therapy: Why the Kids Aren't Growing up.** *Coming Soon!*

Tompkins, Michael A. **The Cognitive Behavioral Therapy Workbook: Evidence-Based CBT Skills to Help you Manage Stress, Anxiety, Depression, and More.** *Available*

Walker, Rheeda. **The Unapologetic Workbook for Black Mental Health: a Step-by-Step Guide to Build Psychological Fortitude & Reclaim Wellness.** *Available*

Music

Polin, Antoine. **Guitar Chords.** *Available*

Poetry

Thom, Kai Cheng. **Falling Back in Love With Being Human: Letters to Lost Souls.** *Coming Soon!*

Politics

Cane, Clay. **The Grift: The Downward Spiral of Black Republicans from the Party of Lincoln to the Cult of Trump.** *Available*

Sanger, David E. **New Cold Wars: China's Rise, Russia's Invasion, and America's Struggle to Defend the West.** *Coming Soon!*

Psychology

Haidt, Jon. **The Anxious Generation: How the Great Rewiring of Childhood is Causing an Epidemic of Mental Illness.** *Coming Soon!*

Religion

Robinson, Marilynne. **Reading Genesis.** *Coming Soon!*

Jeremiah, David. **The Great Disappearance: 31 Ways to be Rapture Ready.** *Coming Soon!*

Self Help

Deioin, Sanders. **Elevate and Dominate: 21 Ways to Win on and off the Field.** *Coming Soon!*

Spirituality

Guthrie, Savannah. **Mostly What God Does: Reflections on Seeking and Finding His Love Everywhere.** *Coming Soon!*

Science and Technology

Goldberg, David E. **Beginning Chemistry.** *Available*

Kratz, René Fester. **Genetics for Dummies.** *Available*

Sports

Lang, Jim. **My Day With the Cup: NHL Players Tell Their Stories About Hometown Celebrations With Hockey's Greatest Trophy.** *Coming Soon!*

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